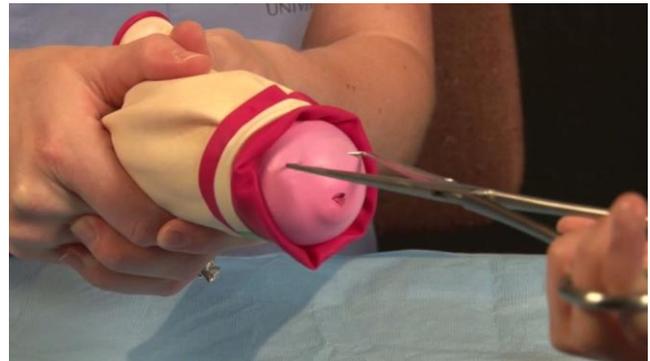


MUA Simulation

Skills to practice with model:

- Placement of tenaculum
- Paracervical block
- Dilation (up to 7 mm)
- Suction aspiration (best with 7 mm cannula)
- Optional: can use a simulated patient with the pelvic model to allow practice of communication skills



Supplies

- Section of foam “pool noodle”
- Velcro adhesive tape, rough side only
- Stress ball (e.g. [Gaiam](https://www.gaiam.com/))
- Scunci hair band
- 9 inch balloons, pink/red
- Heavy duty rubber bands and athletic tape
- Foam for “fundus”
- Lubricant (use with dilation/cannula placement!)
- Optional: red felt, pink dishwashing gloves, pelvic model for model suspension

For model assembly details see: <https://vimeo.com/103678610>

Teaching video for learners prior to simulation: <https://vimeo.com/74547356>

Variation for laminaria placement: Do not use hair band for external os, only stress ball covered with balloon, no POC required